




## Step #2: Progress in Reaching LSWP Goals Template

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<b>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></b>			
<b>1. Nutrition Education Goal(s)- record goal -OR- Nutrition Promotion Goal(s)- Promoting healthy eating habits of our students</b>	YES	Incorporating nutrition and wellness into the classroom.	PE, FCS classes, lunch program
<b>2. Physical Activity Goal(s)- Keeping our students active throughout the school day.</b>	YES	Offering multiple opportunities for students to be active throughout the school day.	Recess, Patriot Period activity time, GoNoodle in elementary, active time before school, PE offered to all students <a href="#">GoNoodle</a>  **Specials & Middle ...  Schedule 2023-2024
<b>3. Other student wellness Goal(s )- Student mental health is important to their academic success.</b>	YES	All 2-12 students complete the mySAEBRS mental health screener. Staff completes the SAEBRS screener about the students. SEL Tiers were established to identify levels of students mental health throughout the year.	<a href="#">SAEBRS</a>   SEL Tiers

<b>Goal</b> As defined by your <b>LSWP</b>	<b>Was the  Goal Met?</b> Yes/ Partially/ No	<b>What Was  Achieved?</b> Describe how you achieved this goal	<b>Documentation</b> Share documents (as links or attachments) used to measure LSWP implementation
<b>Additional Goal(s)</b> <i>Add more rows as  needed</i>			

[To return to the overview document, click this link](#), Questions, contact:  
[jessie.coffey@nebraska.gov](mailto:jessie.coffey@nebraska.gov)